



Internship Opportunity: Nutrition Curriculum Review and Development

Organization: Active Kids & Minds (formerly BOKS)

Website: www.activekids.org

Position: Nutrition Curriculum Intern

Duration: Summer of 2024

Active Kids & Minds (AK&M), formerly known as BOKS, is seeking one or two dedicated interns to assist in reviewing and potentially rewriting our current nutrition materials. This internship offers an exciting opportunity to enhance our curriculum by collaborating with the AK&M team and nutrition experts from Tufts University. The position is remote and unpaid and requires a commitment to improving children's health and education worldwide.

About Active Kids & Minds:

Active Kids & Minds (AK&M) is a global initiative dedicated to promoting children's health and well-being through physical activity and education. We had over 1 million kids enrolled in 2022/2023 school year. Our program empowers young minds by providing tools and resources that foster healthy habits and positive lifestyle choices. With a global reach, AK&M is committed to making a lasting impact on children's lives everywhere.

Internship Responsibilities:

- Reviewing the current AK&M nutrition bits used in lesson plans.
- Collaborating with the AK&M team and nutrition experts from Tufts University.
- Rewriting and potentially starting from scratch to enhance the nutrition curriculum.
- Ensuring the content emphasizes the importance of fueling the body while being sensitive to eating disorder triggers.
- Equity and access should be considered to ensure the curriculum is inclusive for all children.

Qualifications:

- Current student pursuing a Master's or PHD degree in Nutrition.
- Passion for child health and nutrition education.
- Strong communication and collaboration skills.
- Awareness of food security as it relates to accessibility, cultural traditions and various socio-economic communities, ensuring equitable impact for all participants
- Interest in developing messaging that promotes body positivity and avoids topics that could lead to negative body image.
- Ability to work independently and meet deadlines.
- Familiarity with educational curriculum development is a plus.

Benefits:

- Gain valuable experience in nutrition curriculum development.
- Collaborate with a diverse team of experts in the field.
- Contribute to a global initiative promoting children's health.
- Flexible remote work schedule.

How to Apply:

Interested candidates should submit a resume, cover letter, and sample of writing related to nutrition or education to info@activekids.org. Applications will be reviewed on a rolling basis until June 1, 2024.

Join us in our mission to empower active, healthy, and educated kids around the world through Active Kids & Minds. We look forward to welcoming passionate individuals to our team for an impactful summer internship in 2024.

